



New Step Therapy Requirements

Members must try at least two of the following therapeutic alternatives before other drugs will be covered. Current utilizing members will not be grandfathered on therapy, and step therapy will apply. New step therapy rules will take effect once any current prior authorizations have expired.

Category Drug Class	Alternatives (Try First)	Drugs Requiring a Trial of At Least Two Alternatives*
Narcotic Antagonist	Naloxone Syringe, Narcan Nasal Spray	Evzio
Pain medication	Fentanyl Citrate Lozenges, Lazanda	Abstral, Fentora, Subsys
Rosacea	Avoidoxy, Doryx, Doxycycline, Morgidox, Oracea	Doxycycline 40mg Capsules
Acne	Clindamycin/Benzoyl Peroxide, Clindamycin/Tretinoin, Acanya, Onexton	Veltin
Actinic Keratosis	Diclofenac Gel, Fluorouracil 5% Cream, Fluorouracil 2% Solution, Imiquimod 5% Cream, Carac, Picato	Fluorouracil 0.5% Cream, Zyclara
Diabetes**	Metformin Extended-Release (Generic Of Glucophage Xr)	Glumetza, Generic Of Glumetza, Generic Of Fortamet
Diabetes – SGLT2s**	Metformin	Farxiga, Xigduo, Invokana, Invokamet, Jardiance, Synjardy
Diabetes – DPP4s	Januvia, Janumet, Janumet Xr, Tradjenta, Jentadueto, Jentadueto Xr	Alogliptin, Nesina, Onglyza, Alogliptin/Metformin, Kazano, Kombiglyze XR
Diabetes – GLP-1s	Bydureon, Byetta, Trulicity	Tanzeum, Victoza
Nasal Steroids	Budesonide, Flunisolide, Fluticasone, Mometasone, QNASL	Beconase AQ, Omnaris, Veramyst, Zetonna
Ear Infections	Ciprofloxacin Ear Solution, Ofloxacin Ear Solution, Ciprodex	Cetraxal
Growth Hormones	Genotropin, Humatropin, Norditropin	Omnitrope, Nutropin Aq, Saizen, Zomacton
Pain / Ulcer Agents	Ibuprofen + Famotidine, Omeprazole + Naproxen	Duexis, Vimovo
Topical Estrogen	Divigel, Evamist, Elestrin, Estrasorb	Estrogel
Topical Testosterone	Androgel 1.62%, Axiron	Fortesta, Natesto, Testim, Testosterone Gel, Vogelxo
Inflammatory Bowel Agents	Apriso, Pentasa, Lialda, Balsalazide, Sulfasalazine	Asacol Hd, Delzicol, Dipentum
Pancreatic Enzymes	Creon, Zenpep	Pancreaze, Pertzye, Ultresa
Antivirals	Moderiba, Ribavirin Capsules, Ribavirin Tablets	Ribasphere, Ribapak, Ribatab
Hepatitis C***	Viekira Pak (Genotype 1), Technivie (Genotype 4)	Daklinza, Olysio, Sovaldi, Zepatier

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Inflammatory Conditions	Actemra, Cosentyx, Enbrel, Humira, Otezla, Remicade, Simponi 100mg, Stelara, Xeljanz, Xeljanz XR	Cimzia, Kineret, Orencia, Simponi 50mg, Taltz
Gout	Colcrys, Mitigare	Colchicine
Fertility Agents – GnRH	Cetrotide, Pregnyl, Novarel, Chorionic Gonadotropin	Ganirelix
Fertility Agents – Follitropins**	Gonal-F	Bravelle, Follistim AQ
Fertility Agents – Progesterones**	Crinone 8% Gel	Endometrin
Glaucoma Agents – Beta Blockers	Betaxolol Drops, Levobunolol Drops, Timolol Drops, Alphagan P 0.1%, Combigan	Istalol
Glaucoma Agents – Prostaglandins	Latanoprost Drops, Travoprost Drops, Lumigan, Travatan Z	Zioptan
Ophthalmic Anti-inflammatories	Bromfenac Drops, Diclofenac Drops, Ketorolac Drops, Ilevro, Nevanac, Prolensa	Acuvail
Asthma – inhaled steroids	Arnuity Elipta, Asmanex, Flovent, Pulmicort, Qvar	Alvesco
Asthma – short-acting inhalers	Proair HFA, Ventolin HFA	Proventil HFA, Xopenex HFA
Erectile Dysfunction	Cialis, Viagra	Levitra, Staxyn, Stendra
Weight Loss	Phentermine, Adipex-P, Benzphetamine, Regimex, Saxenda	Qsymia

*In the rare circumstance that the member's doctor believes the Second Step medicine is the only medically appropriate therapy for the member, his or her doctor will need to request a clinical exception via the prior authorization eForm submission.

**A trial of only one alternative is required.

***Current therapies will be grandfathered.